

Hydrogen Sulfide: An Endogenous Mediator of Resolution of Inflammation and Injury

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Abstract

Significance: Hydrogen sulfide is emerging as an important mediator of many aspects of inflammation, and perhaps most importantly as a factor promoting the resolution of inflammation and repair of injury. **Recent Advances:** In the gastrointestinal tract, H₂S has been shown to promote healing of ulcers and the resolution of mucosal inflammation. On the other hand, suppression of endogenous H₂S synthesis impairs mucosal defense and leads to increased granulocyte infiltration. H₂S has been exploited in the design of more effective and safe anti-inflammatory drugs. **Critical Issues:** Enteric bacteria can be a significant source of H₂S, which could affect mucosal integrity; indeed, luminal H₂S can serve as an alternative to oxygen as a metabolic substrate for mitochondrial respiration in epithelial cells. Enterocytes and colonocytes thereby represent a “metabolic barrier” to the diffusion of bacteria-derived H₂S into the subepithelial space. A compromise of this barrier could result in modulation of mucosal function and integrity by bacterial H₂S. **Future Directions:** Improvements in methods for measurement of H₂S and development of more selective inhibitors are crucial for gaining a better understanding of the pathophysiological importance of this mediator. Results from animal studies suggest that H₂S-releasing agents are promising therapeutic agents for many indications, but these compounds need to be assessed in a clinical setting. *Antioxid. Redox Signal.* 17, 58–67.

Introduction

WHILE CLINICAL BENEFITS of hydrogen sulfide, at least in the context of sulfur hot springs, have been espoused for centuries, it is only in the past 20 years that H₂S has been recognized as an important mediator of physiological processes (1, 74). Indeed, as was the case for two other gaseous mediators (nitric oxide and carbon monoxide), the physiological effects of H₂S were overshadowed by the toxicity associated with high concentrations of this substance (44). There are many similarities among H₂S, carbon monoxide, and nitric oxide. Enzymes for the synthesis of all three of these gaseous mediators have been identified and more continue to be identified, at least in the case of H₂S (50). All three mediators have very short half-lives *in vivo* and produce primarily beneficial effects at physiological concentrations while contributing to injury at super-physiological concentrations. All three of these mediators bind to hemoglobin (48, 63) and can influence activity and/or expression of enzymes responsible for synthesis of the other gaseous mediators (24, 39, 73–75). Also, attempts have been made to exploit the beneficial effects of each of the three gaseous mediators in designing novel therapeutic agents.

In this article, the ability of H₂S to modulate inflammation is reviewed, with a particular focus on the role of the mediator in resolution of inflammation. The use of H₂S as a therapeutic modality is also reviewed, along with the potential effects of bacteria-derived H₂S in modulating inflammation and mucosal integrity in the digestive tract and possibly in other organs.

H₂S and Inflammation

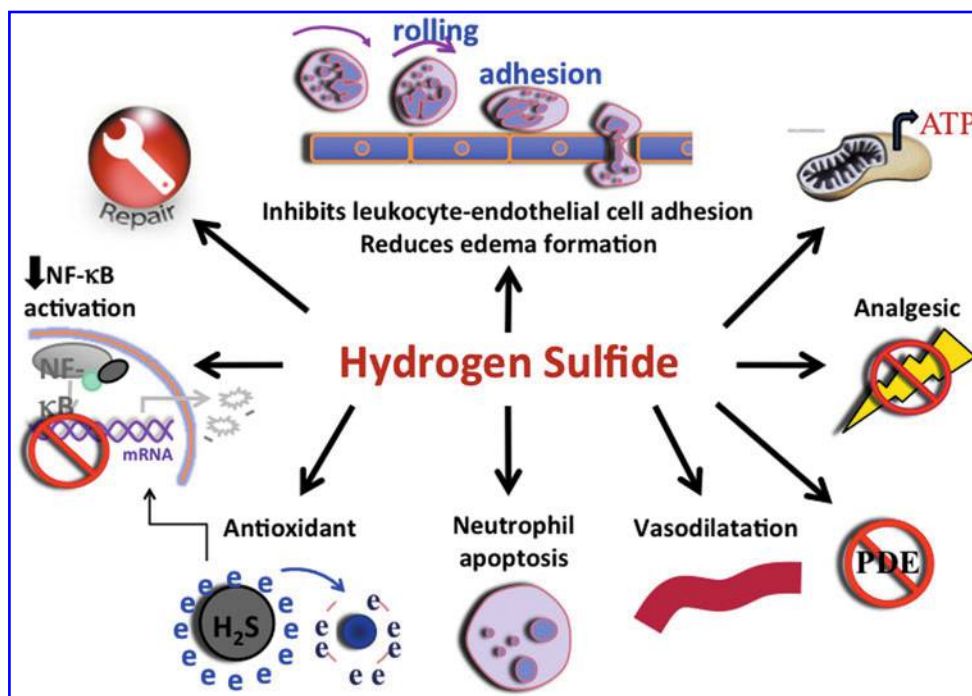
One of the first physiological effects of H₂S that was identified was its ability to relax vascular smooth muscle (73, 75), resulting in vasodilation, a hallmark of inflammation. Several studies have subsequently highlighted the importance of H₂S in inflammation (27, 30, 54, 56). As was the case for nitric oxide, the literature on H₂S in inflammation was initially contradictory, but in recent years a general pattern has emerged consistent with this mediator exerting anti-inflammatory effects, except at high concentrations (56). Moreover, there are now substantial data supportive of a role of H₂S in promoting resolution of inflammation and healing of injured tissue. Figure 1 summarizes some of the key effects of H₂S with respect to inflammation and injury. These

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FIG. 1. Anti-inflammatory effects of H₂S. This figure illustrates some of the key ways in which H₂S can reduce inflammation. H₂S suppresses leukocyte adherence to the vascular endothelium and migration of leukocytes into the sub-endothelial space, as well as reducing plasma exudation. H₂S has been shown to reduce expression of many pro-inflammatory cytokines, chemokines, and enzymes, most likely related to its ability to suppress activation of nuclear transcription factor- κ B (NF- κ B). H₂S is also a potent anti-oxidant and can induce apoptosis in neutrophils (which can lead to their phagocytosis by macrophages). Promotion of tissue repair by H₂S is likely mediated in part by its vasodilatory actions and enhancement of cyclooxygenase-2 (COX-2) expression and through promotion of angiogenesis. Inhibition of phosphodiesterases (PDE) by H₂S leads to elevated cyclic AMP and/or cyclic GMP levels, which can contribute to its anti-inflammatory effects. H₂S exhibits anti-nociceptive effects in the viscera, likely due, at least in part, to activation of ATP-sensitive potassium channels. In many cells in the body, and in particular in gastrointestinal epithelial cells, H₂S can act as an energy source (generating ATP), substituting for oxygen in mitochondrial respiration. This appears to contribute significantly to protection and repair of tissue injury.



effects include the ability of H₂S to inhibit leukocyte adherence to the vascular endothelium and the subsequent extravasation of leukocytes (72). The impact of this effect of H₂S can be seen in various models of inflammation, in which sulfide salts or H₂S donors are able to reduce infiltration of neutrophils and lymphocytes (17, 72). These effects are likely due, at least in part, to reduced expression of endothelial and/or leukocyte adhesion molecule expression following exposure to H₂S (18). H₂S acts as a tonic down-regulator of leukocyte adherence; thus, inhibition of H₂S synthesis leads to leukocyte adherence (72). Treatment of rats with inhibitors of H₂S synthesis resulted in a marked increase in mucosal inflammation (elevated granulocyte levels) and an increase in susceptibility to injury (18, 58, 59) in the gastrointestinal tract. This may have been in part due to reduced basal levels of cyclooxygenase-2 (COX-2) expression and a parallel reduction of mucosal prostaglandin E₂ (PGE₂) synthesis (61). COX-2 and PGE₂ play important roles in the maintenance of mucosal defense in the digestive tract, as well as in modulating mucosal inflammation (3, 49, 61, 70, 71).

In addition to modulating leukocyte adhesion and recruitment, H₂S can reduce plasma exudation (edema formation), while inhibitors of H₂S augment edema formation triggered by an inflammatory agent (59). These effects may contribute to the enhanced edema-reducing effects of H₂S-releasing nonsteroidal anti-inflammatory drugs (NSAIDs) in rat models of acute (carrageenan) and chronic (Freund's adjuvant) paw swelling (58, 59).

The ability of H₂S to reduce inflammation has been demonstrated in a variety of animal models, including kaolin/

carrageenan-induced monoarthritis in rats (2), tobacco-smoke induced lung inflammation in mice (12, 23), synovitis in rats (17), ischemia-reperfusion injury in mice (76), and in rat and mouse models of colitis (19, 56, 61). Whiteman *et al.* (66) demonstrated that H₂S is present in synovial fluid of patients with rheumatoid arthritis and osteoarthritis, with levels correlating to disease activity, but the role of H₂S in those conditions remains unclear.

H₂S was recently shown to inhibit phosphodiesterase activity, and this may contribute to anti-inflammatory actions in some circumstances (via elevation of intracellular cyclic AMP and/or cyclic GMP) (9). Scavenging of oxidants and peroxynitrite may also contribute to the anti-inflammatory activity of H₂S (64, 65). Inhibition of nuclear transcription factor- κ B (NF- κ B) has been reported in several models (27, 28, 38), and consistent with this, H₂S reduces pro-inflammatory cytokine, chemokine, and enzyme (e.g., inducible nitric oxide synthase [iNOS]) expression (17, 19, 51, 67). In addition, the antioxidant activity of H₂S can be mediated by up-regulation of enzymes such as superoxide dismutase, glutathione peroxidase, and thioredoxin as assessed in rats subjected to intestinal ischemia-reperfusion injury (31) or in brain endothelial cells under methionine-induced oxidative stress *in vitro* (53) or even by inhibition of NADPH oxidase activity, as in the case of osteoblasts exposed to hydrogen peroxide *in vitro* (69). With many of these putative mechanisms of action of H₂S, it is unclear if the concentrations required for such actions are achieved in a physiological setting. Difficulties in measuring H₂S levels *in vivo* further complicate the assessment of the relative significance of these mechanisms in various scenarios.

H₂S has been shown to exert anti-nociceptive effects in some (15, 18, 19, 62), but not all (37) visceral pain studies. The discrepancies may be related to the different methods for measuring pain or to different doses or routes of administration of the H₂S-releasing agents. In a recent study performed in our laboratory, we found that two H₂S-generating substances (NaHS and Lawesson's reagent) dose-dependently reduced gastric distention-induced visceral pain (measured through cardio-autonomic responses) in the rat in an ATP-sensitive potassium channel-dependent manner (62). The ability of H₂S to exert peripheral anti-nociceptive effects has also been demonstrated in some, but not all studies. While anti-nociceptive effects of H₂S were reported by Cunha *et al.* (13) in a model of peripheral pain induced by bacterial endotoxin and by Ekundi-Valentim *et al.* (17) in rats with carrageenan-induced knee joint synovitis (see Fig. 2), Andruski *et al.* (2) observed a significant inhibition of leukocyte recruitment by an H₂S donor in a rat model of monoarthritis, but no significant effect on pain sensitivity.

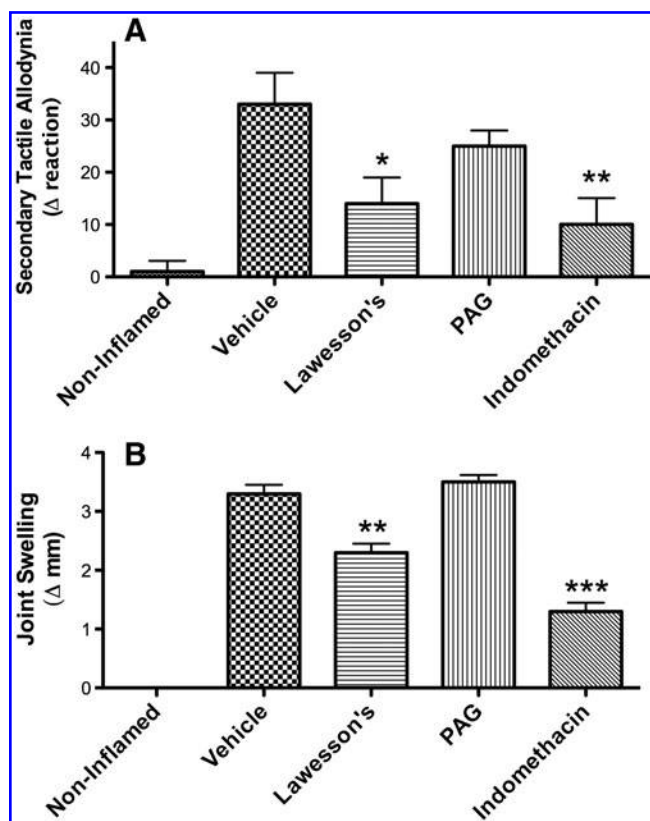


FIG. 2. Anti-nociceptive and anti-inflammatory effects of hydrogen sulfide in experimental (carrageenan-induced) synovitis in rats. (A) Pain responses and (B) joint swelling. Pretreatment with an H₂S donor (Lawesson's reagent; 3.6 μ mol intra-articularly), markedly reduced secondary tactile allodynia, while an inhibitor of H₂S synthesis (D/L-propargylglycine [PAG], 53 μ mol intra-articularly) had no significant effect. Indomethacin (6 mg/kg intraperitoneally) was used as a positive control. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ versus the vehicle-treated group. Adapted from previously published data (17).

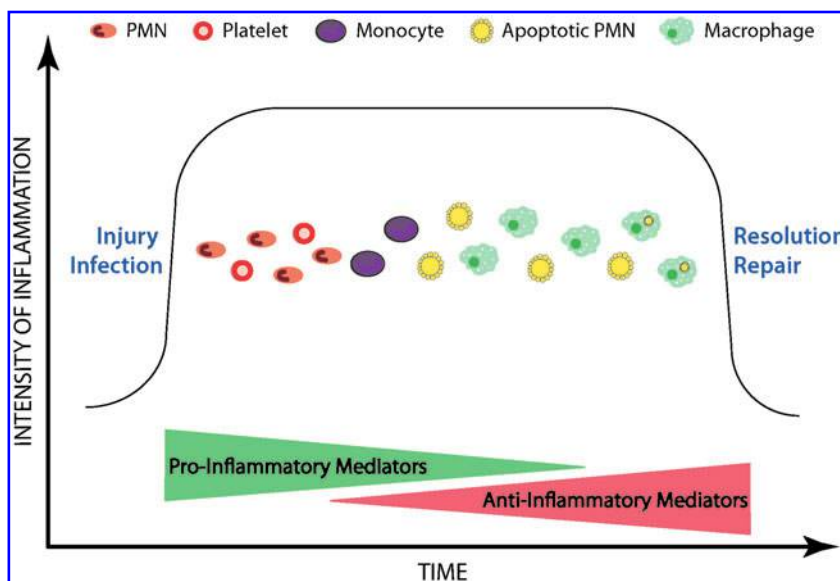
H₂S and Resolution of Inflammation/Injury

With the ability to inhibit so many elements of acute inflammation, it is not surprising that H₂S contributes significantly to the resolution of inflammation and injury. Inflammatory reactions are driven largely by soluble, pro-inflammatory mediators, such as leukotrienes, histamine, bradykinin, platelet-activating factor, and interleukin (IL)-1, to name just a few (49). Counteracting the effects of these pro-inflammatory mediators are a variety of soluble mediators that down-regulate inflammation, including lipoxins, certain prostaglandins, annexin-1 (AnxA-1), and IL-10 (49). An over-production of pro-inflammatory mediators or an under-production of anti-inflammatory mediators can lead to progression from acute to chronic inflammation. Resolution of inflammation occurs through removal of the triggers of the inflammatory response (e.g., a foreign body or organism), inhibition of the recruitment of neutrophils to the site of injury, and induction of apoptosis of the infiltrated neutrophils and their subsequent clearance by macrophages (Fig. 3). Macrophages undergo a phenotype shift from pro-inflammatory to anti-inflammatory during this process.

There is emerging evidence that H₂S may participate in several stages of the process of resolution of inflammation. As already mentioned, H₂S can reduce leukocyte adherence to the vascular endothelium and leukocyte migration to sites of injury (72). H₂S can also induce neutrophil apoptosis (34), and there is recent evidence that it can trigger significant changes in macrophage function consistent with a shift to a pro-resolution phenotype (16). Specifically, exposure of murine bone marrow-derived macrophages to H₂S resulted in a significant enhancement of phagocytosis of bacteria. H₂S also suppressed endotoxin-induced tumor necrosis factor α (TNF α) production by macrophages, while enhancing chemotaxis. *In vivo*, in a mouse peritonitis model, H₂S significantly reduced granulocyte infiltration while maintaining macrophage numbers (16).

H₂S also appears to interact with other pro-resolution mediators. H₂S modulates COX-2 expression in the gastrointestinal tract, which plays a crucial role in resolution of inflammation and injury (3, 49, 56, 61, 70, 71). Recently reported work from Brancaleone *et al.* (8) demonstrates an important interaction between H₂S and AnxA-1. AnxA-1 is a well-characterized anti-inflammatory and pro-resolution mediator that has also been shown to contribute to gastrointestinal integrity and repair (36, 41). Brancaleone *et al.* (8) observed that an H₂S donor (NaHS, 10–100 μ M) elicited intense mobilization of AnxA-1 from the cytosol to the membrane of human neutrophils. It also markedly suppressed IL-1-induced leukocyte adhesion and emigration in mesenteric venules of wild type, but not AnxA1-deficient mice. There were also effects of endogenous AnxA1 on H₂S synthesis. Thus, mice deficient of AnxA1 displayed marked up-regulation of cystathionine β -synthase (CBS) and cystathionine γ -lyase (CSE) in a variety of tissues as compared with wild-type mice. Moreover, H₂S could down-regulate other inflammatory pathways in macrophages from wild-type mice (i.e., significant suppression of iNOS and COX-2 expression in lipopolysaccharide-stimulated bone marrow-derived macrophages) but not in macrophages obtained from AnxA1-deficient mice. The authors concluded that these data demonstrate interlinks between the H₂S and AnxA1

FIG. 3. Resolution of inflammation. Inflammatory reactions to injury or infection are largely coordinated by soluble mediators (pro-inflammatory and anti-inflammatory). In the early stages of an inflammatory reaction, the pro-inflammatory mediators predominate, resulting in the recruitment of inflammatory cells (such as neutrophils) and platelets to the site of injury/infection. Monocyte recruitment follows, with the subsequent transformation to macrophages, which are crucial for tissue repair. In part driven by anti-inflammatory mediators such as H₂S, the infiltrated neutrophils begin to undergo apoptosis, which causes macrophages to shift their phenotype from pro-inflammatory to anti-inflammatory. Engulfment of apoptotic neutrophils (polymorphonuclear leukocytes [PMN]) by macrophages is a key event in resolution of inflammation.



pathways that are likely very important in the resolution of inflammation.

The importance of H₂S in promoting resolution of inflammation and repair of injury has been clearly demonstrated in animal models of gastrointestinal inflammation and ulceration. In rat and mouse models of gastric ulcer, administration of H₂S-generating agents has been shown to significantly accelerate ulcer healing, while inhibition of endogenous H₂S synthesis was associated with impaired ulcer healing (58, 60). Administration of the precursor for H₂S synthesis, L-cysteine, promoted ulcer healing in the rat at doses that did not affect tissue glutathione levels (60). One of the significant limitations to the use of NSAIDs for treatment of inflammatory conditions is their ability to retard the healing of gastrointestinal ulcers. As shown in Fig. 3, this can be shown in a mouse model of gastric ulceration in which NSAIDs such as naproxen and celecoxib significantly impaired ulcer healing. However, an H₂S-releasing derivative of naproxen (ATB-346) not only did not impair ulcer healing, it significantly accelerated the healing process (58); thus, enhanced repair occurred despite marked suppression of COX-2 activity in the damaged tissue. Similar effects have been demonstrated previously in the rat with an H₂S-releasing derivative of mesalamine (19, 56). The mechanism underlying the enhancement of ulcer healing by H₂S is not clear, but may be related, at least in part, to its vasodilatory activity, its ability to enhance COX-2 expression, and its reported ability to promote angiogenesis (40).

Further evidence for an important role of H₂S in resolution of inflammation and repair of injury comes from studies of experimental colitis in rodents. When the colonic mucosa is inflamed, there is a marked increase in the capacity of the tissue to produce H₂S (20, 58). Most of the H₂S in this context is produced via CBS, as is the case in non-inflamed colon (35), but synthesis via CSE is also significant (61). Preliminary data suggested that there is also a marked elevation of colonic H₂S synthesis via other enzymatic pathways (i.e., non-CSE and non-CBS) when the colon is inflamed. Inhibition of H₂S synthesis once colitis is established led to a marked worsening of the inflammation, with perforation of the bowel wall and death occurring in most animals within a few days (61). In the

rats that survived a week-long treatment with an inhibitor of H₂S synthesis, the colonic damage was significantly worse than that observed in vehicle-treated controls. Interestingly, there was a marked thickening of the smooth muscle in the colon in the rats treated with an inhibitor of H₂S synthesis (61).

Additional evidence that H₂S could promote resolution of colitis came from studies in which H₂S donors were administered to rats or mice with colitis (19, 61, 68). Irrespective of the H₂S donor used, a significant reduction of the severity of colitis was observed, with a marked inhibition of granulocyte infiltration into the colonic tissue (19, 61). The latter observation is important, since much of the tissue injury associated with colitis is likely produced by infiltrating granulocytes. In these studies, the H₂S-generating agents significantly reduced colonic expression of TNF α (protein and mRNA); in other studies, they also reduced expression of interferon- γ , IL-1 β , and iNOS (19, 61, 68). Consistent with these findings, allyl trisulfide, a garlic-derived substance that releases H₂S (7), was shown to suppress TNF α expression and NF- κ B activation in colonic biopsies from patients with ulcerative colitis (6).

H₂S in Novel Therapeutics

The ability of H₂S to enhance gastrointestinal resistance to injury, to promote repair of damaged tissue, and to reduce mucosal inflammation make it an attractive substance to exploit in designing novel drugs for treatment of gastrointestinal injury and inflammation (10, 54). We have synthesized and characterized the effects of an H₂S-releasing derivative of mesalamine in animal models of colitis (mesalamine is the first-line therapy for colitis) and have observed a significant enhancement of anti-inflammatory activity as compared to the parent drug (19, 56). H₂S-releasing derivatives of several NSAIDs have been assessed in animal models, with the consistent finding of greatly reduced gastrointestinal toxicity and, in some cases, enhanced anti-inflammatory activity (30, 54, 58, 59). An H₂S-releasing derivative of naproxen has been particularly well characterized. The anti-inflammatory activity of the compound, called ATB-346, is comparable to that of the parent drug (58). However, even at exceptionally high doses

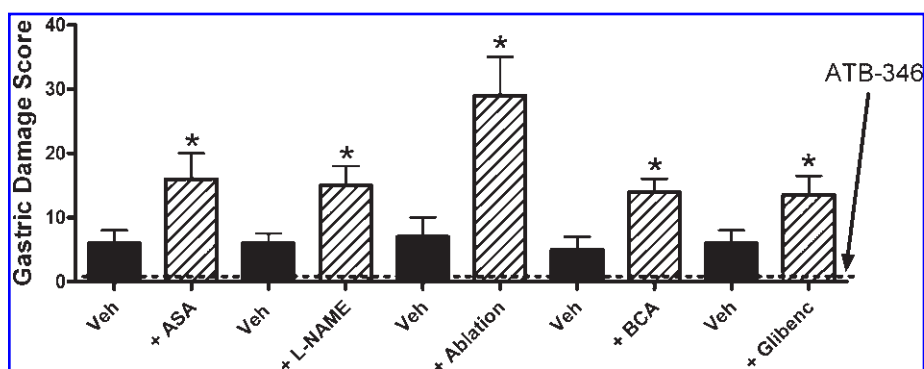


FIG. 4. Acute damage to the stomach in rats treated with naproxen or an equimolar dose ($60\ \mu\text{mol}/\text{kg}$) of an H_2S -releasing derivative of naproxen (ATB-346). In rats pretreated with vehicle, naproxen induced a low level of gastric damage, while no damage was observed in rats treated with ATB-346 ($n \geq 5$ per group). Pretreatment with low-dose aspirin ($10\ \text{mg}/\text{kg}$; ASA), an inhibitor of nitric oxide synthase (L-NAME; $15\ \text{mg}/\text{kg}$), ablation with capsaicin of sensory afferent nerves, pretreatment with an inhibitor of cystathionine β -synthase (β -cyanoalanine [BCA], $50\ \text{mg}/\text{kg}$) or an antagonist of ATP-sensitive K^+ channels (glibenclamide; $10\ \text{mg}/\text{kg}$) each significantly increased the severity of naproxen-induced gastric damage ($*p < 0.05$ vs. corresponding vehicle-treated group). However, ATB-346 did not produce significant gastric damage in any of the rats receiving these treatments (dotted line). Adapted from previously published data (55).

(100 times the human dose on a per kilogram basis), ATB-346 caused negligible gastric damage in healthy rats. While impressive, studies performed in healthy rodents may not serve as a good predictor of how an anti-inflammatory drug will behave in humans with diseases such as osteoarthritis and rheumatoid arthritis alongside other co-morbidities for gastrointestinal damage. To more rigorously assess the gastric safety of ATB-346, studies were performed in rats in which gastric mucosal defense was significantly compromised (58). This was achieved by interfering with the production of mediators known to contribute to mucosal defense (e.g., nitric oxide, hydrogen sulfide), co-administering another drug that can damage the stomach (e.g., low-dose aspirin, frequently co-administered with NSAIDs in a clinical setting), blocking receptors believed to contribute to mucosal defense (e.g., glibenclamide to block ATP-sensitive K^+ channels), or ablating sensory afferent nerves (via neonatal administration of capsaicin), which play a crucial role in mucosal responses to luminal irritants (55). As illustrated in Fig. 4, naproxen produced a low level of damage in control rats at the dose tested ($60\ \mu\text{mol}/\text{kg}$). However, with each approach to compromising mucosal defense, the extent of injury induced by naproxen was significantly increased (two- to sixfold). In contrast, ATB-346 at an equimolar dose did not produce significant damage in controls or in mucosal defense-compromised animals. Particularly interesting is the observation that ATB-346 was still gastric safe in rats pretreated with glibenclamide. Many actions of H_2S have been attributed to activation of ATP-sensitive K^+ channels (14, 62, 74). This observation suggests that the mechanism underlying the gastric tolerability of ATB-346 is unrelated to activation of ATP-sensitive K^+ channels. It is also noteworthy that ATB-346 suppressed gastric prostaglandin synthesis as effectively as equimolar doses of naproxen (58). Thus, the compound can compensate for the reduced mucosal resistance to injury that occurs when prostaglandin synthesis is markedly reduced (presumably because H_2S can exert many of the same effects, in terms of mucosal defense, as prostaglandins do).

Another major clinical concern with respect to the use of NSAIDs is their ability to interfere with the healing of ulcers (55). This effect is likely related to suppression of COX-2 activity by the NSAIDs. COX-2-derived prostaglandin synthesis by cells at the ulcer margin is critically important for re-

epithelialization and angiogenesis (55). As shown in Fig. 5, naproxen and celecoxib (nonselective COX inhibitor and selective COX-2 inhibitor, respectively) each significantly impaired the healing of gastric ulcers in mice when administered twice daily over a 4-day period. In sharp contrast, the H_2S -releasing derivative of naproxen (ATB-346) significantly accelerated the healing of pre-existing gastric ulcers (58). This is consistent with previous reports that L-cysteine and H_2S -generating agents could accelerate experimental ulcer healing, while inhibitors of H_2S synthesis impaired ulcer healing (56, 60). The beneficial effects of H_2S on ulcer healing may be attributable to the stimulatory effects of H_2S on angiogenesis (40).

From a clinical perspective, the main focus in terms of the gastrointestinal toxicity of NSAIDs is the stomach and

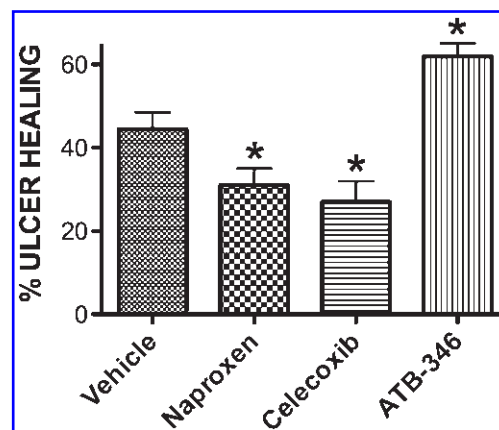


FIG. 5. Experimental gastric ulcer healing with ATB-346, an H_2S -releasing derivative of naproxen. The extent of healing of gastric ulcers in mice treated twice daily over a 4-day period with one of three NSAIDs or vehicle was examined. Gastric ulcers were induced by brief serosal application of acetic acid (55). Beginning 3 days later, the mice began treatment with naproxen, ATB-346 (each at $60\ \mu\text{mol}/\text{kg}$), celecoxib (at $30\ \mu\text{mol}/\text{kg}$), or vehicle. The ulcer area at the end of the treatment period was compared to that in mice euthanized 3 days after ulcer induction (no drug treatment), and the "percent ulcer healing" was calculated. $*p < 0.05$ versus the vehicle-treated group ($n \geq 5$ per group). Adapted from previously published data (55).

proximal duodenum. This is largely due to the relative ease of endoscopically viewing these regions. However, it is becoming increasingly clear that NSAIDs frequently produce significant injury in the small intestine. Indeed, the jejunum and ileum may be the major sites of NSAID-induced bleeding (55, 57). Damage to these regions induced by NSAIDs is determined by a number of factors, but most important is the enterohepatic circulation of the NSAIDs, leading to repeated exposure of the epithelium to the NSAIDs and bile, and also to marked changes in the numbers and type of bacteria in the small intestine (57). The H₂S-releasing derivative of naproxen (ATB-346), when given twice daily to rats for 5 days, did not produce detectable small intestinal damage (58). This was in marked contrast to the parent drug, naproxen, which elicited widespread ulceration and bleeding in the small intestine.

Bacteria-Derived H₂S: A Modulator of Inflammation or Mucosal Function?

Many of the species of bacteria residing in the human gastrointestinal tract are capable of producing H₂S. Some early studies suggested that the concentrations of H₂S in the lumen of the gut were extremely high relative to levels that occur in the body (32, 33). Largely based on these data, and observations of adverse effects of such concentrations of H₂S on colonocyte function (5), roles for H₂S in the pathogenesis of inflammatory bowel disease and colon cancer were suggested (4, 45, 46). However, this hypothesis has been challenged (25, 26, 38, 42), as has the notion that there are millimolar concentrations of free H₂S in the lumen of the gut (27, 28, 38, 42, 43). Most of the H₂S that is produced in the lumen of the intestine is bound to fecal material and therefore not available to diffuse through the epithelium. The H₂S that is available, likely in micromolar concentrations, is absorbed and rapidly metabolized (51). Indeed, efficient detoxification occurs via a number of enzymes present in the mucosa, and no impairment of these detoxification systems has been detected in patients with ulcerative colitis or Crohn's disease (42). Based on studies utilizing a rat model of colitis (dextran sodium sulfate), Furne *et al.* (21) concluded that "excessive H₂S production" did not contribute to tissue injury.

Even before reaching the mucosa, however, there is substantial metabolism of H₂S in the mitochondria of enterocytes and colonocytes. Virtually all H₂S that crosses the apical membrane of enterocytes and colonocytes is rapidly oxidized to thiosulfate (22, 28). This is accomplished mainly by a mitochondrial enzyme, sulfide quinone reductase, which rapidly consumes H₂S, thereby providing energy to the cell and keeping H₂S concentrations at nontoxic levels (26) (Fig. 6). This ancestral capacity, predating photosynthesis, is common to organisms living in low-light, low-oxygen conditions (52). As mentioned above, efficient detoxification also occurs via a number of mucosal enzymes (52). The epithelium could therefore be viewed not only as a physical barrier, protecting organisms from potentially harmful substances in the lumen of the digestive tract, but also a metabolic barrier providing additional protection. When there is an intact, healthy epithelium, lumenally produced H₂S likely has little, if any, effect on mucosal function. However, in cases in which the epithelium is dysfunctional or damaged, it remains possible that H₂S produced by bacteria could exert significant effects on several aspects of mucosal function, including secretion (via

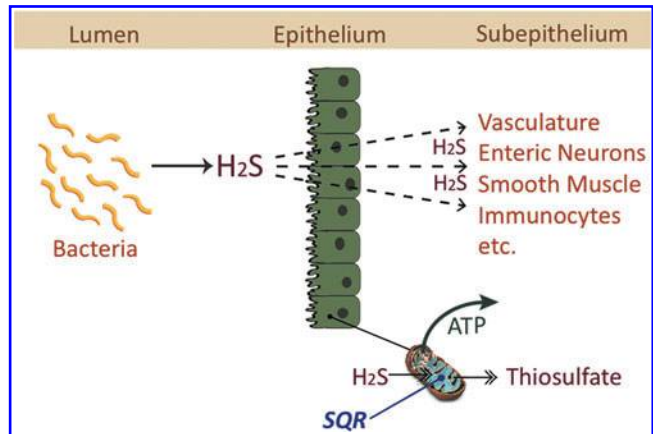


FIG. 6. The colonic epithelium as a metabolic barrier to bacteria-derived H₂S. Many species of bacteria can produce H₂S but most is bound to fecal material. The small amount that is free to diffuse across the epithelium is rapidly metabolized, primarily via mitochondrial sulfide quinone reductase (SQR) to thiosulfate, generating adenosine triphosphate (ATP) in the process. Thus, H₂S is an important energy source for colonocytes. When the epithelium is damaged or dysfunctional, more H₂S may escape metabolism and reach the subepithelial space, where it can affect many functions, including epithelial secretion, blood flow, smooth muscle contractility, and mucosal defense.

effects on enteric neurons) (47), pain sensation (14), blood flow (18, 63), and smooth muscle contractility (29, 63). Indeed, an impaired colonic "barrier" to diffusion of H₂S from the lumen may explain in part the marked beneficial effects of H₂S donors, when administered by enema, in models of colitis (19, 61).

As already reviewed, colonic production of H₂S is markedly increased when the mucosa is inflamed (20, 61). Because measurements of H₂S in this context are generally performed *in vitro*, and because of the capacity of some colonic bacteria to produce H₂S, we performed a series of studies to determine if some portion of what we measure as "colonic H₂S synthesis" is actually bacterial H₂S synthesis (20). These studies involved the use of germ-free mice and mice colonized with Altered Schaedler flora. There was no difference in colonic H₂S synthesis between these two groups of mice, indicating that any bacterial contribution (in the colonized mice) was negligible (Fig. 7). We also measured tissue and fecal H₂S production from healthy mice and mice with colitis induced by trinitrobenzene sulfonic acid. Colonic H₂S synthesis was markedly increased in parallel with the severity of colitis and the extent of granulocyte infiltration (Fig. 8), but neutrophils (the main infiltrating granulocytes) were not a significant source of H₂S synthesis. Taken together, these studies clearly demonstrated that the H₂S synthesis measured using the *in vitro* zinc-trapping method was derived from the colonic tissue itself, rather than from any bacteria adherent to the tissue samples. On the other hand, certain bacteria may be able to modulate colonic H₂S synthesis. For example, butyrate, which is produced by *Bifidobacteria* and *Faecalibacterium prausnitzii*, has been shown to regulate H₂S production, at least in transformed colonocytes (WiDr cells) (11). Butyrate increased expression of CBS and CSE, the major enzymatic sources of H₂S in these cells.

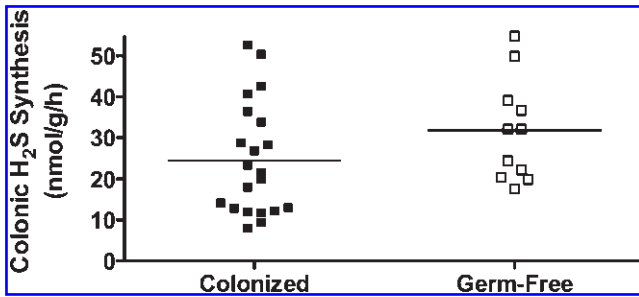


FIG. 7. Colonic hydrogen sulfide synthesis, as measured by the zinc acetate-trapping method, does not include significant “contamination” by bacterial H_2S synthesis. Mice that were colonized by Altered Schaedler Flora were compared with mice that were raised germ-free. There was considerable variation from mouse to mouse in terms of colonic H_2S synthesis, but there was no significant difference between the colonized and germ-free mice. Adapted from previously published data (20).

Conclusions and Future Directions

The contribution of H_2S as a modulator of inflammation is becoming more clear, but studies of this gaseous mediator continue to be limited by the lack of highly selective inhibitors of its synthesis and simple methods for measuring its production *in vivo*. Pathways of synthesis of H_2S other than via CSE and CBS are becoming evident and represent an important area for future research.

Novel therapeutic agents that release H_2S and exhibit significant anti-inflammatory and/or gastrointestinal mucosal protective effects look promising in preclinical studies. The mechanisms through which H_2S increases resistance to mucosal injury, promotes repair of injury, and accelerates resolution of inflammation remain incompletely understood. Evaluation of H_2S -releasing drugs in a clinical setting will provide insight as to whether or not the exploitation of H_2S as a therapeutic agent will live up to the promise.

The ability of many enteric bacteria to produce H_2S and the possibility that bacterially derived H_2S could affect mucosal function are intriguing. The intestinal epithelium appears to

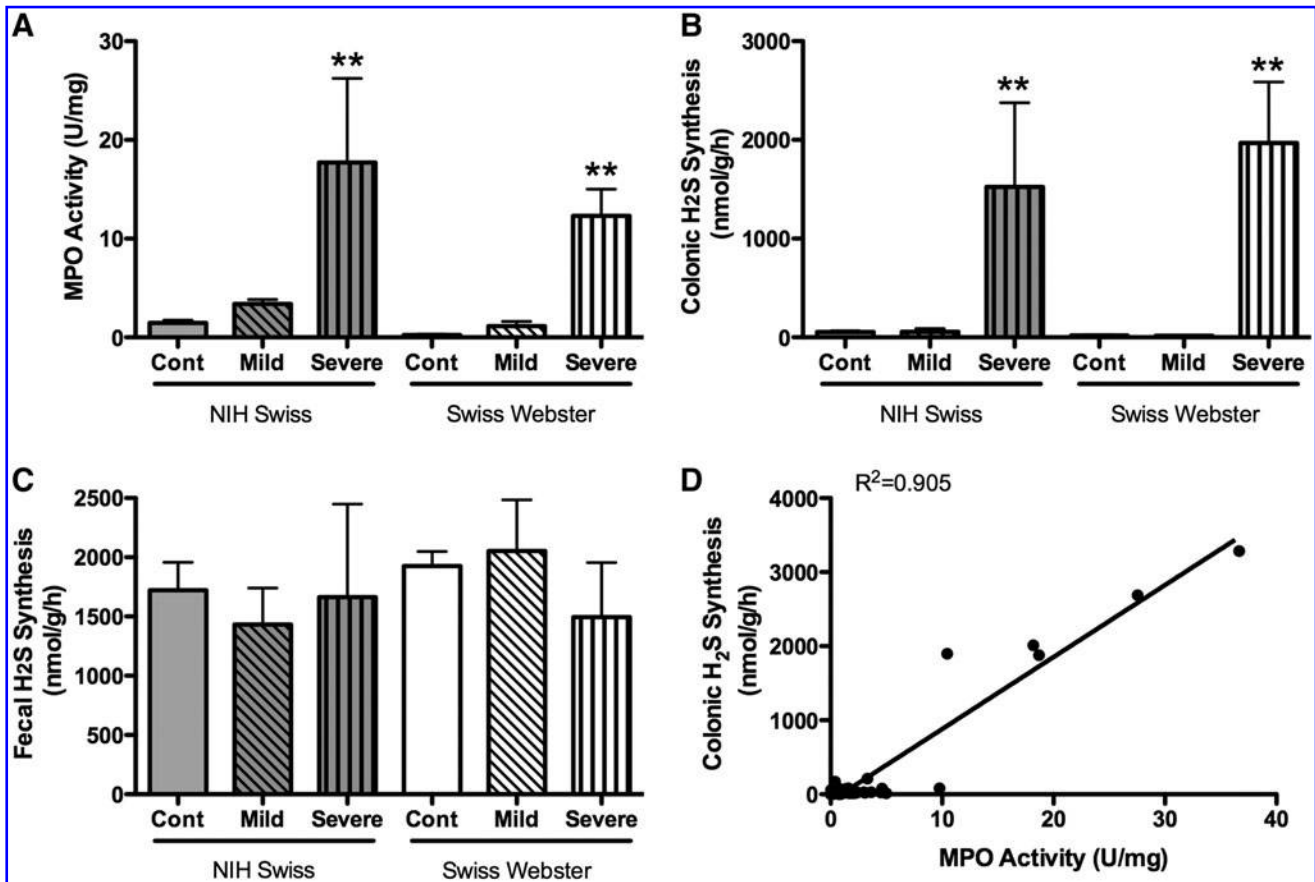


FIG. 8. Colonic hydrogen sulfide synthesis (as measured by the zinc acetate-trapping method) is markedly up-regulated during injury/inflammation, and there is negligible bacterial contribution. Colitis was induced via intrarectal administration of trinitrobenzene sulfonic acid (20). (A) Colonic myeloperoxidase (MPO) activity, a biochemical marker of granulocyte infiltration. In both strains of mice examined, MPO activity increased with the severity of the colitis. (B) Colonic H_2S synthesis, which similarly increased in parallel with the severity of colitis. (C) In contrast, fecal hydrogen sulfide synthesis did not differ between healthy mice and mice with mild or severe colitis, suggesting negligible contribution of bacteria to what was measured as “colonic” H_2S . (D) There was a strong correlation between the extent of inflammation (MPO activity) and colonic H_2S synthesis. There was no such correlation between fecal H_2S synthesis and colonic MPO activity. $^{**}p < 0.01$ versus the corresponding control (cont) group. Adapted from previously published data (20).

act as a metabolic barrier to diffusion of significant concentrations of H₂S into the mucosa, at least when the epithelium is healthy. On the other hand, H₂S is an important metabolic fuel for enterocytes. Given the widespread actions that H₂S can exert on various cell types in the subepithelial compartment (e.g., blood vessels, enteric nerves, smooth muscle cells, resident and infiltrating immunocytes), it is important to determine the extent to which bacterial H₂S can “escape” epithelial and mucosal inactivation in certain circumstances and disease conditions.

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Abbreviations Used

AnxA-1 = annexin-1
AMP = adenosine monophosphate
CBS = cystathionine-beta-synthase
COX = cyclooxygenase
CSE = cystathionine-gamma-lyase
IL = interleukin
iNOS = inducible nitric oxide synthase
NF-κB = nuclear transcription factor-κB
NSAID = nonsteroidal anti-inflammatory drug
PGE ₂ = prostaglandin E ₂
PMN = polymorphonuclear leukocyte
TNF = tumor necrosis factor

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